

BIG DECISIONS NS

Changes from the 2008 Edition

Major Changes

Changes in the 2009 revision of BIG DECISIONS are based on evaluation and feedback on previous editions. The major changes incorporated in this version include:

- The KEY MESSAGES include birth control, as well as condoms.
- The Logic Model is simplified and updated.
- Pre- and Post-Participation Questionnaire items are revised to better measure the Intervention Components and Individual Determinants of the Logic Model.
- In Lesson 6, rather than focusing on avoiding teen pregnancy (or preventing pregnancy), the lesson begins with a focus on when is the RIGHT time to have a child.
- There is more role-play practice. In addition to the role-play in Lesson 9, there is now a role-play in Lesson 10, too.
- The medical and public health information is updated throughout.
- The Parent Session is modified and now includes an Ice-Breaker quiz and Spanish translations of all Parent materials. The Parent Handout is simplified, and the “5 Steps for Talking” are included.
- There are new PowerPoint Presentations to support teaching about Anatomy (Lesson 2), STDs (Lesson 4), and Contraception (Lesson 6). There is also a new PowerPoint presentation for the Parent Session
- Spanish translations of the KEY MESSAGES and Curriculum Outline are included in the Introductory Materials, as well as in the Parent Session.

Other Changes

Lesson 3

- In Activity 3.3, identify sex in a “Lust or Crush” relationship as “Risky”
- Add emphasis on age difference in Wrap-Up

Lesson 4

- Objectives modified to match new KEY MESSAGES
- Activity 4.4 is simplified, and now emphasizes the 2 key ways to reduce STD risk that are in the KEY MESSAGES (abstinence and using condoms correctly, every time). Then are listed the 5 other ways to reduce STD risk.
- There is now the option to use the PowerPoint when introducing the STDs.
- Facilitator Resources are updated, and the section on who should be tested for STDs is removed. That information is simplified and included in the lesson itself.

Lesson 5

- Add “think about the following situation” at the beginning of Activity 5.2. This sets up the understanding of the card sort better

Lesson 6

- New title: Pregnancy at the RIGHT time; this is also the focus of Activity 6.1.
- Add Activity 6.2 to review how people get pregnant
- Activity 6.3 (going over the contraceptive methods) is revised, and now there is an option to use the PowerPoint
- Activity 6.4 is simplified, and the Facilitator Resource (figure) is now horizontal, hopefully clarified.
 - The major points to make during this Activity are simplified
 - Using Dual Methods (condoms plus hormonal birth control) are now discussed
- The effectiveness of methods vs. STDs is now included in the points to be made in Activity 6.4, and is no longer a separate activity.
- Activity 6.5 Wrap-up now emphasizes the KEY MESSAGES

Lesson 7

- Add reference to video games and the internet as sources of influence.
- Revised influences (positive and negative) to reflect on messages about protection, as well as about abstinence.
- Change the colors in Cultural Influence table; add Caring for Children in “white middle class culture”.

Lesson 8

- Activity 8.4’s title now includes both “My Decision” and “My Limits”, which helps to transition to Lesson 9 and saying “no”.
- Activity 8.4 sets up the choices to avoid pregnancy and STDs as abstinence (the healthiest) and condoms plus birth control.

Lesson 9

- Now there is one Role-Play situation (The Party) in this lesson.

Lesson 10

- Instead of the Quiz, there is now additional Role-Play.
- There are now 2 Role-Play situations to choose from (After School or In the Future); both may be used if there is extra time.
- The Post-Participation Questionnaire has been revised.

Parent Session

- Add Ice-Breaker Quiz
- Simplify Parent “Take-Home” Handouts
- Now includes Evaluation Forms in English and Spanish
- Includes updated KEY MESSAGES poster in English and Spanish
- Specify 5 Steps for Talking
- Changed “TIPS FOR TALKING” to “REMEMBER”
- Additional resources are listed
- A PowerPoint presentation is now available

Format Changes:

- Notes for Facilitators are gathered at the beginning of each lesson and placed in green box. Notes are added to be explicit, and to include Time Management